

Ask your doctor about allergy testing today!



Innovative Diagnostics is a medically managed service practice led by a group of doctors and supported by a dedicated team of senior and experienced industry professionals. We are forging a new path and aspire to set industry benchmarks in doctor and patient experiences.

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leading the way

Allergy Testing



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▶ What is an Allergy?

It is an abnormal reaction to a normally harmless substance found in the environment or in food. Depending on the allergy, the reaction can occur seasonally or throughout the year.

An allergic reaction occurs when our body produces an increased amount of antibodies called IgE in response to a foreign substance. The IgE antibodies in our body react with an allergen (the offending foreign substance) and release chemicals that cause the symptoms of allergy.

▶ What is an Allergy symptoms?

Allergy can be the cause of any of the symptoms listed. However these symptoms are not necessarily confined to allergies alone, or even one allergy, but can share, or mimic, symptoms with other medical conditions. That's why you should find out.

- Abdominal pain
- Asthma
- Back ache
- Blisters or blotches of the skins
- Dermatitis / pimples
- Bowel, irritable
- Breathing difficulties
- Chronic fatigue
- Colic
- Depression
- Melancholia Hypoglycemia
- Dermatitis
- Diarrhoea
- Dizziness / Migraine
- Drowsy or fatigue/shakiness
- Eczema or Psoriasis
- Eyelids twitch or irritable
- Eyes - watery or blurry
- Eyes swollen
- Hypoglycaemia
- Hives
- Hyperactivity
- Irritable bowel
- Itchy eyes, nose, skin
- Joint pain
- Memory difficulty
- Metallic taste
- Muscle weakness
- Runny nose
- Scotomata
- Sneezing or Nasal congestion
- Swelling Tickling in throat
- Ulcers
- Urticaria
- Wheezing

▶ Why should you do an Allergy test?

- Find out if your symptoms are due to allergies.
- If your symptoms are due to allergies then this test will help to diagnose which allergens may be causing your symptoms.
- What treatment steps are most appropriate going forward.

▶ How do you test for Allergy?

At Innovative Diagnostics we perform the Siemens third generation allergen-specific IgE blood test. We can perform a comprehensive range of allergy tests from just a small sample of blood.

▶ Advantages of blood testing?

- Only a small amount of blood is required and can be taken at the patient's convenience and comfort.
- A minimal number of office visits required for diagnosis.
- Provides fast and reliable results to patients with no risk of a severe reaction.
- Does not require fasting or the interruption of taking allergy medications.

▶ Who suffers from Allergy?

1 in 6 people have allergies and the numbers are increasing.

The International Study of Asthma and Allergies in Childhood surveyed more than 700,000 children in 56 countries since 1991. The latest numbers from ISAAC show a significant worldwide increase in allergy symptoms, particularly among younger children.

Anyone can suffer from an allergic reaction. It is not limited to specific age groups, ethnicity, geographic locations or gender. Tendencies to develop allergies are often inherited.

